

ABSTRACT OF THE INVENTION

The present invention provides a toner for electrophotography comprising a binder resin, a coloring agent and a release agent, wherein the toner has a storage modulus G' of 5.0×10^2 to 1.0×10^5 Pa at 180°C and an adhesive force to an aluminum substrate of not more than 50 N/m at 180°C . The invention also provides an image-forming method, which includes charging a surface of an image-bearing body; forming an electrostatic latent image according to image information on the charged surface of the image-bearing body; developing the electrostatic latent image formed on the surface of the image-bearing body with the toner to provide a toner image; transferring the toner image formed on the surface of the image-bearing body to a surface of a recording medium, and fusing the toner image transferred on the surface of the recording medium.